

Spiritual Growth Journey

What is your Next Step?

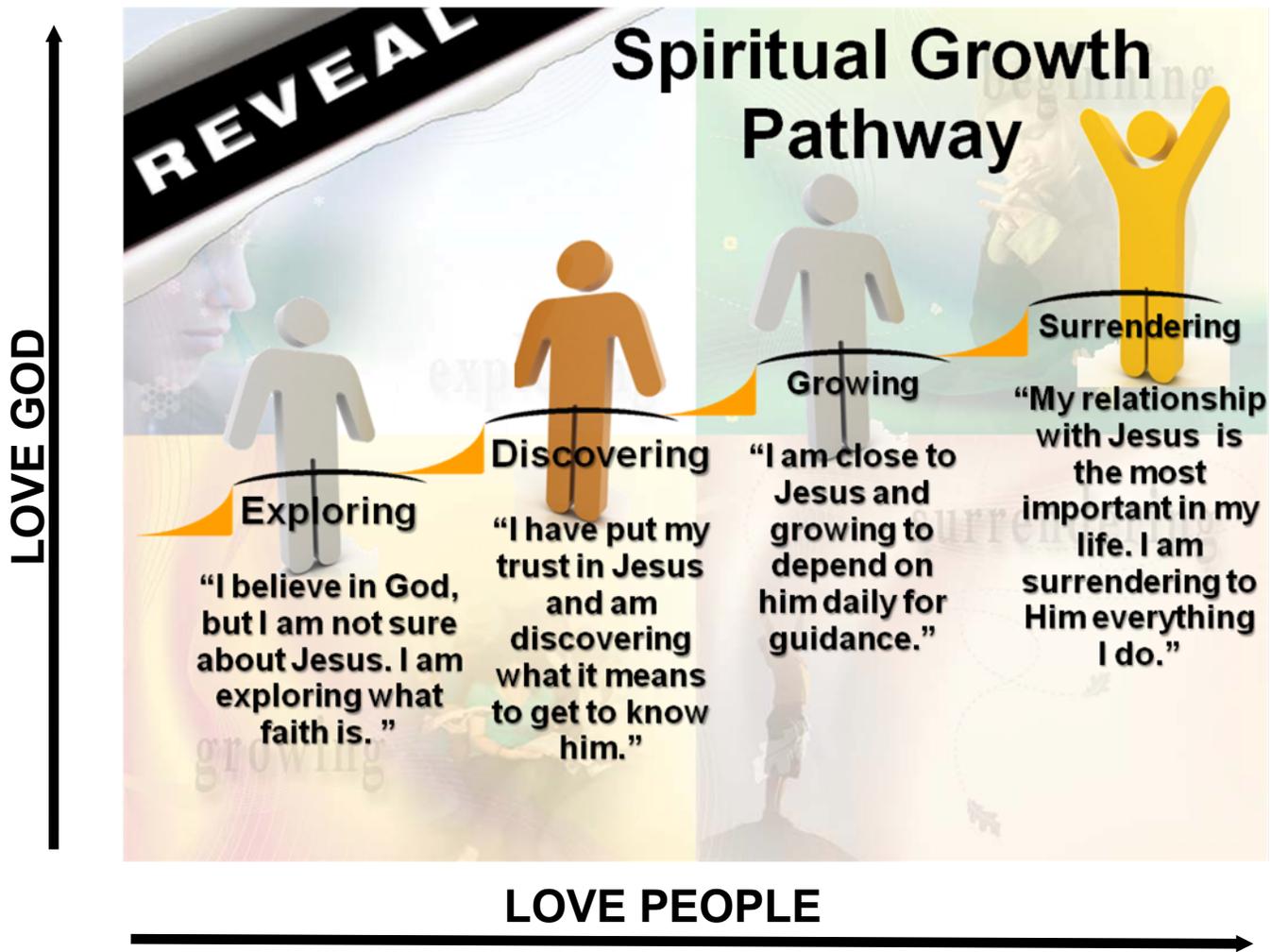
Mission

We desire to help everyone at RockPointe grow spiritually with a goal to be a surrendering follower of Christ.

Everyone should be taking their next simple step in this pathway to growing spiritually.

STEP ONE: EVALUATE

There are **FOUR** people at RockPointe!



QUESTION: Which one are you?

(We have an evaluation tool that will help you identify where you are at)

STEP TWO: EMBRACE – the power of the Holy Spirit

God gives us the power of to grow and mature in our faith through the person of the Holy Spirit. We need to embrace His strength to grow. He is the initiator of change if we submit ourselves to Him in prayer and depend on Him for change.

You can do what pleases God because His Spirit gives you power. He is your life and strength. That is why you must not ignore Him or try to live the Christian life without depending on Him. His work will not cease until it is completed at Christ's second coming when our bodies will be transformed to be like Christ's body

- Philippians 3:20-21

QUESTION: Are you relying on the Holy Spirit for change?

STEP THREE: ENGAGE – What is your Next Step?

The following pages will give suggestions for the practical Next Steps that you can take as you continue your journey down the spiritual growth pathway. These activities along with embracing the power of the Holy Spirit will help you on the path of growth – by deepening your love for God and love for other people.

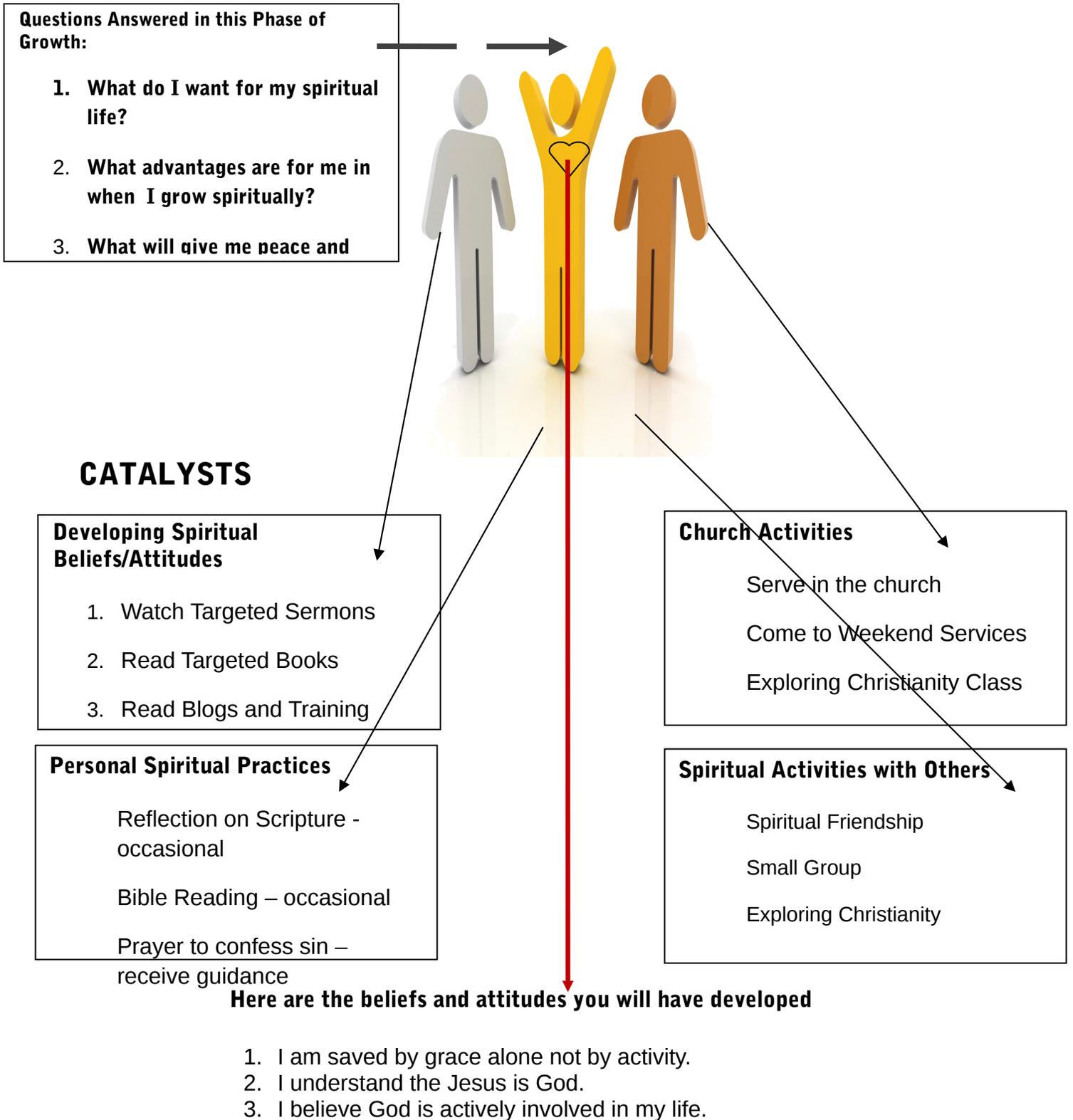
Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.

- 1 Timothy 4:8

QUESTION: What are you going to do now?

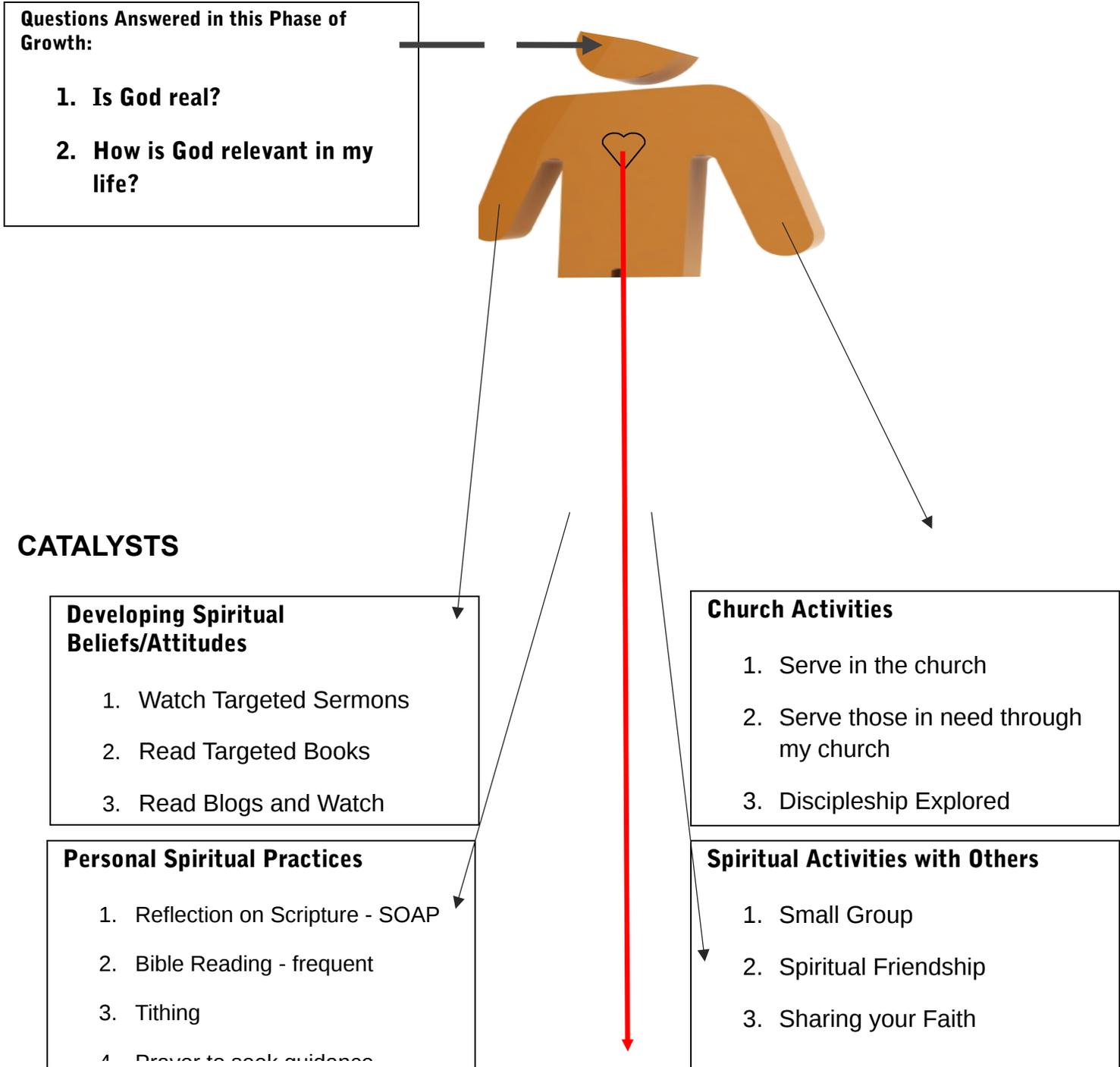
EXPLORING

I believe in God, but I am not sure about Jesus. I am exploring what faith is.



DISCOVERING

I have put my trust in Jesus and am discovering what it means to get to know Him.



Here are the beliefs and attitudes you will have developed

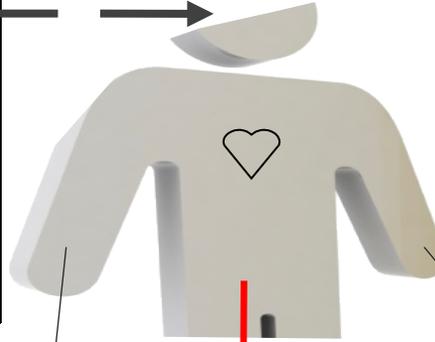
1. I believe God is actively involved in my life
2. I believe the Bible has decisive authority over what I do.
3. I exist to know, love and serve God.

GROWING

I am close to Jesus and am growing to depend on Him daily for guidance.

Questions Answered in this Phase of Growth:

1. How do I connect with God?
2. How do I study the Bible deeply?
3. How do I make life decisions that reflect my commitment



CATALYSTS

Developing Spiritual Beliefs/Attitudes

1. Read Books to develop a deeper spiritual understanding
2. Study Bibles

Personal Spiritual Practices

1. Reflection on Scripture - SOAP
2. Bible Reading - daily
3. Tithing
4. Solitude

Church Activities

1. Serve in the church
2. Serve those in need through my church

Spiritual Activities with Others

1. Sharing your Faith – regularly seeking spiritual conversation with others
2. Small Group – being a leader or moving toward it

Here are the beliefs and attitudes you will have developed

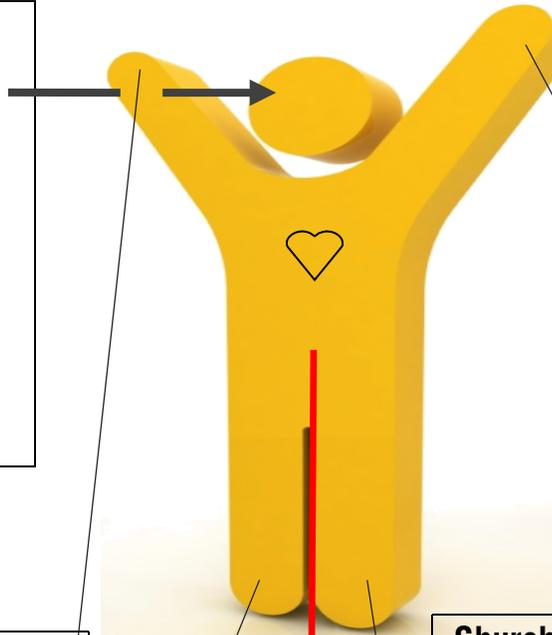
1. I am willing to risk everything that is important in my life for Christ.
2. I desire Jesus to be first in my life.
3. I desire to live a sacrificial life that is not driven by the pursuit of material things.

SURRENDERING

My relationship with Jesus is the most important relationship in my life. Surrendering to Him influences everything I do.

Questions Answered in this Phase of Growth:

1. Who can I serve today?
2. What is God stirring in my heart to bring change in the world?
3. How can I be more loving to those who do not deserve my love or are not looking for it?



CATALYSTS

Developing Spiritual Beliefs/Attitudes

1. Read Books to develop a deeper spiritual understanding about sacrifice.
2. RPC Surrendering Blog – the blog that pushes people deeper in their faith.
3. I listen to deeper life podcasts

Church Activities

1. Serve in the church – by helping other deepen their walk
2. Find something you can sink your life into
3. Serve those in need outside

Personal Spiritual Practices

1. Reflection on Scripture –daily journaling
2. Regular Solitude
3. Prayer to seek guidance &

Spiritual Activities with Others

1. Sharing your Faith regularly in your sphere of influence
2. Leading a Small Group
3. Spiritual Mentoring other

Here are the beliefs and attitudes you will have developed

1. I desire to regularly sacrifice for the sake of Christ.
2. I live my life solely to expand the kingdom of God.
3. I actively seek out people to show God's love to that cannot show it back to me.

STEP FOUR: Go Back and Repeat STEP ONE

This is the cycle of growth in your spiritual journey. If you continually engage this process you will notice a constant maturing of your spiritual life as you walk through the many and varied experiences in this life. Your love for God and love for others will deepen and you will experience the blessings of God.

Finally, brothers, we instructed you how to live in order to please God, as in fact you are living. Now we ask you and urge you in the Lord Jesus to do this more and more.

- Ephesians 4:1

QUESTION: Are you going to continue to seek your Next Step under the power of the Holy Spirit?

How do we state this as an area of going back and looking at other areas of our lives to surrender to God – not to go back and evaluate if Jesus is really the right path for us all?

Include a Discussion of Those who are Stalled and Dissatisfied – how do you overcome these in your life? What could God be doing here? What about the issue of doubt and struggle in your spiritual life?